



DEFENSE SUICIDE PREVENTION OFFICE

[Installation Name] Initiates Suicide Prevention Awareness Month Efforts in September to Promote Resilience and Wellness

[Insert installation name and date] — **[Installation name]** joins military communities across the country in observing National Suicide Prevention Awareness Month in September. **[Installation name]** engages in the Department of Defense (DOD)'s 2025 campaign, "Joining Your Fight: Connect to Protect," which highlights suicide prevention as essential to safeguarding the health and readiness of the Total Force.

[Insert relevant quote from installation commander, for example: "The Suicide Prevention Awareness Month campaign extends year-round to signify a commitment to raising awareness, sharing resources, and supporting Service members and their families," said **[insert base commander's name]**. "By encouraging help-seeking behaviors and reducing stigma, the campaign focuses on maintaining a strong Total Force through wellness, mission readiness, and the resilience of the greater military community."]

[Installation name] offers innovative programs and resources to educate and raise awareness about suicide prevention. This includes implementing the Brandon Act, which empowers Service members to request and receive confidential mental health evaluations by speaking with their commander or supervisor.

[Highlight and detail local installation activities with dates, website URL, and helpful resources.]

Seeking help is a sign of strength. DOD Service members, veterans, and their families are encouraged to access critical and non-critical confidential resources available 24/7/365 days a year. For the Veterans/Military Crisis Line, call 988 and press 1; text 838255; or chat online at veteranscrisisline.net/get-help-now/chat/.

Overseas installations may select from the following:

- NORTHCOM: [Dial 988, then Press 1](#)
- PACOM: Call [+1 844-702-5493](#) (off base) or DSN 988 (on base)
- EUCOM: Call [+1 844-702-5495](#) (off base) or DSN 988 (on base)
- CENTCOM: Call [+1 855-422-7719](#) (off base) or DSN 988 (on base)
- AFRICOM: Call [+1 888-482-6054](#) (off base) or DSN 988 (on base)
- SOUTHCOM: Call [+1 866-989-9599](#) (off base) or DSN 988 (on base)

More information and downloadable resources are available at DSPO.mil and MilitaryOneSource.mil.

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